

**Haiti Bags**

Donated t-shirts are crocheted together to help school children

4**Fashion Show**
See what was worn on Trinket's runway**5**

100 WARTBURG BLVD., WAVERLY, IA 50677

What's college costing you?

Private college rates doubling, even in depressed economy

LIZ BANDSTRA STAFF WRITER

Since 1985, the cost of attending a private college has risen at more than double the rate of the average household income, according to a recent report by the College Board.

The share of a median household's income is now more than 50 percent today, according to the report. Inside Higher Ed predicts that amount will rise with increasing tuition and fees, which ranged from 4.5 percent to nearly 8

percent on average for private institutions during the 2010-2011 academic year.

Edith Waldstein, vice president for student enrollment, said Wartburg's tuition increase of 5.89 percent for the 2010-2011 year was the second lowest increase in a decade. In the depressed economy, Wartburg tries to be price-sensitive to current, incoming and prospective students, said Edith Waldstein, vice president for student enrollment.

"Wartburg is very committed to having a broad spectrum of socio-

See COLLEGE FACES page 2



Photo illustration by Amanda Gahler

**Alcohol offenses rise**

College cracking down on underage drinking, sending more students to alcohol counseling

SAM ANDERSON STAFF WRITER

So far this year, 28 Wartburg students have been required to go to Pathways counseling services due to alcohol offenses. This is an increase from a total of 18 students for all of last academic year.

Director of Residential Life, Wes Brooks, does not believe students are necessarily drinking more.

"I think primarily it's the number of first-offense students that we're sending to Alcohol 101," Brooks said.

In past years, only severe cases or repeat offenders would be sent to Pathways.

Brooks said the increase in students being sent to counseling could be attributed to a stricter residential life staff, though he does not think the increase is solely based on this.

"There might be some stock in saying we've cracked down on student drinking," Brooks said, "but it could also be we're at 'x' place at 'x' time and there happens to be a violation going on."

When students are referred to Pathways for alcohol counseling, they are required to complete the Alcohol 101 Plus computer program. This is a program where students educate themselves about alcohol by exploring a virtual campus.

According to the Alcohol 101 Plus website, the program was created in 2003 by the Century Council. Since then, 2,500 colleges

and universities have received starter sets for the program.

Many colleges in Iowa require first-year students to complete this program. Brooks said statistics have shown these colleges have less reported alcohol offenses.

"We're just trying to make sure that we're maintaining a safe, positive, healthy environment for everybody," said Brooks. "We feel that Alcohol 101 is a tool that continues to help us do that."

At Wartburg, students undergo an alcohol assessment with one of Pathway's counselors after completion of the computer program. Molly Wertz, a Pathways mental health counselor, said the goal of these meetings is to educate students about drinking.

Both Brooks and Wertz said putting more students through the program and assessments are beneficial. Educating students about alcohol is their main goal.

Wertz encouraged students to be aware of the impact that alcohol can have on them personally, emotionally, academically and socially.

The Wartburg student handbook includes a detailed alcohol policy, listing what offenses are labeled as minor, significant, or severe.

Consequences, which may be added to referrals to Pathways, are also listed in the handbook.

Contact Sam Anderson at Samantha.Anderson@wartburg.edu

Commission on Mission plans to improve campus atmosphere

JUSTIN CONNER STAFF WRITER

The results of Commission on Mission, a project initiated by the Board of Regents during Homecoming in 2007 as a way to evaluate Wartburg's mission statement, are now being implemented.

More than 1,500 students, faculty and alumni gave feedback on how well they believed the mission's four pillars of leadership, service, faith and learning were being lived out.

"It all started with the question 'How can we deliver the Wartburg mission better?'" Wartburg President Darrel Colson said. "We used Mission Wartburg as kind of a template on how to do it."

Wartburg's Strategic Plan, the result of Commission on Mission, includes six main goals ranging from investing in the Wartburg students to expanding the knowledge of liberal learning,

but much of the mission is going to take time, Colson said.

"The students are here for four years and expect things to be done in that time frame," Colson said. "The board is thinking about long-term plans."

Students will see one of the main initiatives at the end of the term, Courtney Ihnen, a student on the Learning Task Force, said.

"A lot of things that got discussed were how to improve SRI's, how faculty can improve on their teaching and how students can communicate to the faculty," Ihnen said.

Colson said the outcome of Commission on Mission was a set of plans to help improve the campus atmosphere.

"The next step is to plan a way of implementing those plans and seeing it become a reality," said Colson.

Colson said he enjoys the

Commission on Mission Goals

- Goal 1** Expand deep and integrative learning in the liberal arts tradition.
- Goal 2** Strengthen a commitment to vocation.
- Goal 3** Nurture an inclusive and vibrant mentoring community.
- Goal 4** Provide outstanding teaching, learning, and living infrastructure.
- Goal 5** Invest in the people of Wartburg College.
- Goal 6** Tell the Wartburg story.

logic, structure and idea of the Wartburg mission statement, but it is left up to others to decide how to fulfill it.

"As I go through the day, I think about my service and my leadership and whether it

is grounded on my faith and learning," Colson said. "I try to balance our emphasis on leadership and such."

Even though the hype died down on campus, Ihnen said she is anxious for the outcome.

Alyssa Sheston/TRUMPET

"I really think the outcome will speak greater than anything we have done," Ihnen said.

Contact Justin Conner at Justin.Conner@wartburg.edu

NEWS

College faces challenge to keep tuition rates low

Unlike many other colleges and universities, Wartburg is not willing to cut off student funding based on need

FROM PAGE 1

economic students," Waldstein said. "We really work very hard individually with families on meeting their situational needs. If somebody really wants to be at Wartburg, we want them here, too, and are willing to work with them on that."

Because of the economy, some private institutions are choosing to turn away students because of their financial need. Colorado College began to include financial need in their admissions process in order to keep financial aid from drawing resources from other parts of their budget.

Waldstein said this process is out of the ordinary and has never been brought up at Wartburg. The admissions process will continue to be need-blind, but the economy does make it harder to justify rising tuition, Waldstein said.

"It's a challenge to justify rising tuition, but we should be challenged and held accountable," she said. "In a downturn economy, families are more likely to question where they're spending their money. It puts more pressure on us to show the value of a Wartburg education."

Wartburg also feels pressure from state schools, such as the University of Northern Iowa, in regards to tuition, said

Waldstein. The University of Northern Iowa's tuition, fees and room and board totaled \$14,148 compared to Wartburg's \$36,995, though Waldstein said it's important for prospective students, current students and their families to look beneath the sticker price.

"If you put pencil to paper, you will get financial aid, you will graduate in four years, and 98 percent of graduates will be in a job earning, let's say, \$35,000 to \$40,000 after college," Waldstein said.

"When you add those factors and compare, state institutions don't look cheaper anymore."

In regards to financial aid, 65 percent of the student body in 2009-2010 was receiving needs-based aid. The Financial Aid Office administers approximately \$24 million in grants and scholarships to students with financial need.

"Wartburg tries to be proactive and upfront in about what the sticker price is for a Wartburg education and what the actual cost is, which is after financial aid, saved earnings of the student and scholarships," Waldstein said. "We try to help families, and we're committed to helping students who are a good fit at Wartburg."

Contact Liz Bandstra at [Elizabeth.Bandstra@wartburg.edu](mailto:Liz.Bandstra@wartburg.edu)

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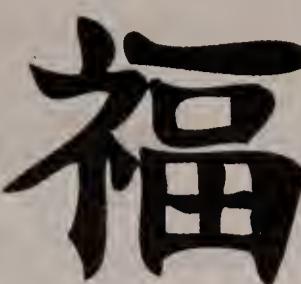
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CHARLES TIMS STAFF WRITER

The Chinese language will be offered as an elective for Winter Term this academic year.

It was offered this fall but no one registered.

Chinese I and II is a program coordinated through Drake University that will require students to meet five times a week online. The reason it is an elective course and not a foreign language is because it isn't taught through Wartburg, but through Drake.

Ferol Menzel, Dean of faculty, said the course will be difficult due to it being online and because it runs on Drake's class schedule, but it would be a course worth taking.

"We wanted to branch into some other languages," said Menzel. "China is a big and important country in business, so

Chinese language class now offered

we wanted to take advantage of the opportunity.

The course is described as a basic introduction to the Chinese language. Menzel said the class would have about 12 students taught by native professors who will interact, help and engage the students taking the course.

Menzel wants to encourage students to take Chinese, but she said there are reasons why students wouldn't.

Out of all the students at Wartburg, none of them enrolled in the course for the fall for various reasons. Menzel said it could be because Wartburg students are not accustomed to online classes, they would have to give up two class periods for the course and meeting five times a week is too time consuming.

Menzel said she is still pushing for the course to be a success because the Chinese language is one that is vital to business and agricultural careers.

"A lot of companies deal with

the Chinese like John Deere and farmers, so it would be helpful to those students going into business and agriculture," said Menzel. "There are plenty of good reasons to understand China, the culture and their language."

Even though there weren't any students that took the course in the fall, it will be offered again in winter term to give those students, specifically business majors, interested in it a chance to go into another's culture. Elijah Hunt, a Wartburg business administration major, said the course could do good for those who are going to be serious about their career.

"People that take business seriously should take Chinese," said Hunt.

"If you plan on being in the corporate world where China plays a key factor, then the course should be necessary for you."

Contact Charles Tims at Charles.Tims@wartburg.edu

Improved roommate survey meant to create 'better fits' for students

HANNAH COX

ASSISTANT KNIGHTLIFE EDITOR

Who will my roommate be? Will we get along? What happens if we don't? These are the unanswered



Wes Brooks

questions freshmen may have had when filling out their housing preference card in past years.

This year's incoming freshmen class completed a new, more in-depth housing form re-done by Residential Life and Admissions.

"The housing card was basically blown up and started over from scratch around a very much more robust understanding of the student," Wes Brooks, director of Residential Life, said.

Twenty-five freshmen were randomly surveyed in Clinton and Centennial Residence Halls on whether the housing preference form was helpful and only eight said they did not think the survey

was helpful.

One of the eight said she felt the survey did not match her with a compatible roommate and she did not have anything in common with her.

Brooks said he heard feedback from upperclassmen who said they are happy the survey was changed.

Whitney Larish, a third-year student, said when she filled out the survey her freshman year she thought it was too short.

"I don't think the questions go deep enough," said Larish. "So I think its good they took the time to fix it."

John Kleppe, a second year student, said he thought the roommate survey did not have anything on it.

"It really didn't do anything at all, it wasn't accurate," said Kleppe.

Brooks agreed with the students that the old survey was not clear enough.

"I feel like in the past its just

"It gives [our] office a better opportunity to match people that have similar interests but aren't necessarily identical," said Brooks.

-Wes Brooks

opportunity to match people that have similar interests but aren't necessarily identical," said Brooks.

New questions have also been added to the form. Some of the questions include if

you want to live with someone with the same favorite type of music, major or sport as you.

"Obviously there are some things that trump others. There are students who do say they want to have the same academic major," said Brooks. "Or the students that wants to live with another athlete then that shrinks the pool so much."

The housing card is very similar to other institutions and will work better to match students with more compatible roommates, said Brooks.

"I want to make sure I'm doing the best I can to provide an environment to the students where they can be happy and successful," said Brooks.

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Contact Hannah Cox at Hannah.Cox@wartburg.edu

OPINION & EDITORIAL

TRUMPET EDITORIAL:

Internet changes for satisfaction

It is easy for us to complain about things.

One common theme of complaint at Wartburg is Internet service.

We don't feel that it runs quickly enough and complain about "lag" in our videos and games.

However, what many of us do not realize is how much work goes into keeping our Internet up to speed.

Over the past year we have had upgrades to our Internet bandwidth, which makes the Internet speed faster, to put it simply.

We may not realize the speed was increased by 250 percent during both upgrades. Despite this massive upgrade, Gary Wipperman, director of Information and Technology services, said the bandwidth hit full capacity within 24 hours of completion of the upgrade.

It is astounding to realize how

big of an upgrade we've had. Yet to students the Internet still often seems slow.

The question is, how else can the college deal with the astronomical needs presented by a student and faculty body in the digital age?

Wartburg could choose to privatize Internet connection on campus, on a room to room basis. Although, this solution may not make students happy.

Wipperman said the college spoke of it and wasn't considering it currently, but it presented a possible option for the future. Imagine purchasing Internet for your dorm room.

This system could have a wealth of potential benefits. Students could have the speed that was right for them, pay the amount they could afford and it could keep tuition at a steady level.

For students whose lives revolve around online gaming, they could play without fear of Internet "lagging" or having a massive

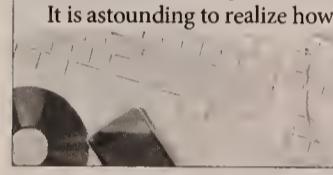
drop in speed.

The negative effects for students are simple. Students will choose how much they pay for Internet, but for the first time they'll have to see exactly what their speed costs. Many students would not be happy if they felt they had to carry a monetary burden for it.

A la carte Internet could be a great solution to student complaints about Internet, however it is not a common practice today. It would finally allow students to get the speed they feel they need, without requiring the college to constantly be upgrading.

"Three years ago we couldn't imagine needing this much bandwidth," Wipperman said.

With technology changing at the rate that it is, three years from now, Internet a la carte could be at Wartburg.



WHAT'S ON YOUR MIND:

Finding your passion in life

ANDREW BRIDGEWATER
GUEST COLUMNIST

"Do what you like, like what you do."

Ok, I stole this quote from my

Life is Good T-shirt, but it's one of my favorite sayings. It's also a great life philosophy and it's one

that I try to live by.

My first "like" is on that T-shirt, running. I found my passion for running when I realized a stick frame like me wasn't good for football.

I decided to follow my natural abilities and join the cross country team. I still believe it

The Underpants Gnomes have come to Wartburg! Maybe we can finally find out what that mystery step is...

—In Need of Profit

Dear people in the K-Dit talking about Dr. Who, I apologize I didn't have the moxie to go up to you and do my Dalek impression, but you're both cool.

—EXTERMINATE!

Why are all the signs disappearing from the Mensa?

—Wok with my Mama to Italy



was one of the best decisions in my life.

It has led to lifelong friendships and memories that I will never forget, including running at the state cross country meet in Fort Dodge. There is just something about lacing up my running shoes and putting one foot in front of the other. It's a great way to escape the stress of everyday life.

The second thing that I like to do is to shoot and edit video.

This passion has led to great accomplishments in my life such as an internship with KCRG, creating a video for Waverly-Shell Rock wrestling and of course, I can't forget Wartburg Television.

I will admit that sometimes the last thing I want to do on a

Sunday night is write my story but the good outweighs the bad.

How many people can say they were paid to throw a wooden spear at a poster of a boar and shoot on a roof as people are putting up Christmas lights? I am one of those who can.

So, my belief is if you do what you like, the odds are you will love what you do and you'll probably excel because of it.

This leads to my personal challenge for you. Find your own like.

I guarantee it will give you some memorable moments.

So, do what you like. Like what you do.

Contact Andrew Bridgewater at Andrew.Bridgewater@wartburg.edu

Choice Words

WARTBURG
SOUNDS OFF

I did not appreciate the Rick Roll, ETK. Tell me the REAL large event.

—About ready to give ETK up

It's getting to be that time of year...Seasonal Affective Disorder! Cheer up Wartburg! We have the rest of our lives to be in a bad mood, let's make the best of our four years here.

—Delighted to be Knighted

Dear pack of freshmen girls, I have thirty seconds to get to class! Get out of my way.

—The Bell Rang

Where do I fill out reimbursement forms for the City of Waverly? I feel like they owe me for the time I spend sitting at a traffic light while nobody drives past.

—Gas isn't cheap

First snow! Let the Christmas music play.

—Let it snow, let it snow, let it snow

They spent how much on "The W", we spend how much on tuition and there isn't one weight scale for students to use in "The W"? I know I would appreciate one.

—Weighing in

WORD FROM THE WISE:

Experience art

BARBARA FEDELER
ASSOCIATE PROFESSOR OF ART

Making art involves experiential learning, problem solving and critical thinking. Awareness of the visual information surrounding and engaging us is a primary trait of artists. Artists ask questions such as "What is it I see? How do I communicate? What am I presenting to the viewer?

Understanding what one sees can be crucial to survival. As with other sensory abilities, linking seeing to meaning is paramount to existence in the world. Initial understandings of texture, color, space and volumes lead to conceptual simplifications of what is meant through cumulative associations with people, objects and spaces.

Encouraging people to see anew is one goal in teaching art, making art and displaying art. Museum and gallery experiences encourage ways to understand the experiments of others.

Contact Barbara Fedeler at Barbara.Fedeler@wartburg.edu

Without encounters in supportive environments for the visual arts, the knowledge of the general public may not grow or deepen.

The current exhibit in the Waldemar Schmidt gallery Art of Project AWARE, presents art made out of river trash. The artifacts are constructed with public interface.

The sculptures are a way of experiencing visual information that encourages thinking about human activities and reminds us of our imprint on the world through choices we make. This art provokes thoughts – How much trash is there in any Iowa river? How did all of this trash get in the river? Who retrieved all of this material, and why? How were these sculptures made and why were they placed in the gallery setting?

It is important to continue to recognize the human qualities in art endeavors and the vitality of these activities in our communities, on our campus and in our lives.

Experience art.

TRUMPET

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or e-mailed to trumpet@wartburg.edu. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.



Choice Words is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's time that you're heard! The Trumpet reserves the right to censor inappropriate and libelous comments.

Sunday Walk of Shame-ers, walk through the Chapel so people think you just came from church.

—Helpful People Watcher

I wish plastic forks were at least strong enough to cut through cheese bread.

—Sick of Broken Forks

Hey weather, lets get Christmas spirited already.

—Mr. White Christmas

**Dear GPA,
You're going down.**

—Love, O-Chem

Just bought my ticket for Harry Potter 7 midnight premire. I'm not sure if I'm happy or sad that its coming out.

—Its so close to the end...

Seeing all the scholarship kids on campus makes me feel really old all of a sudden...

—Feeling old

Thanks girl in Clinton for having your door open, your room smells like cinnamon apple pie, and I approve.

—Yummm...delicious

I don't know when Harry Potter started being both a Halloween and a Christmas themed movie, but I don't mind the yearly marathons.

—Hyped for HP7

Thank you Coco, for making last week a fiesta of laughs. I missed you a lot.

—Team Coco

NEWS

Students donate T-shirts to help Haitian children

DREW SHRADEL

ASSISTANT SPORTS EDITOR

About 900 T-shirts have been donated to be cut, stretched and crocheted into bags for Project Haiti.

The Volunteer Action Center introduced the project during Kastle Kapers and have since had a lot of support from the school and community, said VAC advisor Renee Sedlacek.

"In a nutshell, it is a way for Wartburg College to make a difference in Haiti," Sedlacek

KNIGHTLIFE

McDonald's partners with Wartburg

Student pieces on display at newly opened restaurant

HANNAH COX
ASSISTANT KNIGHTLIFE EDITOR

A hamburger and fries with a side of art. McDonald's has started a new partnership with the Wartburg Art Department.

When McDonald's rebuilt they contacted Barbara Fedeler, art professor, to see if students would be interested in displaying art in their restaurant.

"I'm hoping the students will get excited about it," said Fedeler. "This is a chance unlike a lot; to be able to get their name and artwork out there."

Art majors were able to submit paintings, photographs and ceramics.

If the students choose to do so, their art pieces can be sold to customers at McDonald's.

Fedeler and her colleagues selected six pieces for the display from Nicole Anderson vase, Megan Rash painting, Baylee Riley painting, Zhijian Wang vase and Stephanie Spies teapot and vase.

Spies was excited her artwork

was selected.

"I think it gives me a lot of recognition and allows me and Wartburg to sponsor ourselves," Spies said. It also helps us get more involved in the community by beautifying it."

Riley is also happy about the recognition.

"My name is getting out there and it was a great example of my capabilities," Riley said. "Hopefully someone will be inspired by it or having one of my pieces hanging in their home one day."

The artwork will remain on display until December when a new cycle of students' art will replace the old pieces.

"[McDonald's] was pretty adamant that they wanted a continuous display. They don't want work taken out and not put work back in," Fedeler said.

Fedeler is considering allowing anyone enrolled in an art class to submit pieces of art as well.

This will be an ongoing



Photo Courtesy of Communication/Marketing

New student pieces from Wartburg will replace the current artwork in December. Left: top, vase by Zhijian Wang; middle, painting by Bailey Riley; bottom, vase by Nicole Anderson.

partnership between McDonald's and Wartburg, Fedeler said.

"We like to partner with the community; we know it's our home too. McDonald's is there and we like being a part of the community," Sheryl Jeffrey, marketing supervisor of McDonald's, said.

Fedeler said she is optimistic about the positive exposure the students will receive.

"To be honest more people probably go through McDonald's than our art gallery on campus or a hallway at Wartburg," Fedeler said.

Contact Hannah Cox at Hannah.Cox@wartburg.edu

Models take the runway at Trinkets and Togs thrift shop

HANNAH COX
ASSISTANT KNIGHTLIFE EDITOR

Tinkering with their "trinkets" and "togs" is how Lori Sheperd, store supervisor and emcee, described the outfit in its seventh annual fashion show.

The store is affiliated with the Larrabee Center, which provides residential and vocational services to the elderly and those with disabilities. The staff, clients

and family of the staff modeled in the fashion show at Trinkets and Togs Thrift Shop.

"It's a great opportunity for people to model," Linda Hughes, Vocational Program Director, said. "One of the things we're all about is community integration for people with disabilities."

The idea for the fashion show was originally thought of by an employee, Hughes said. This year,

there were 53 entries, 11 more than the previous year.

Prizes were given out during a "Name that Tune" game and promotional sales, like the bag sale, were explained.

"It just gives the general public a whole different idea of who people with disabilities are and you see them as people first," said Hughes.

The fashion show does not generate any revenue, because there is no admission, but it brings people who may not usually come into the store, said Hughes.

Trinkets and Togs provides employment to clients of the Larrabee Center such as clerking, stocking shelves and running the snack bar.

"People with disabilities have so much ability and I think the general public and the

community is becoming more and more aware of that and it's a educational thing for people in general," Hughes said.

The shop takes around 1,200 items into the store every day. These items include clothing, shoes and house wares.

Hughes said only 20 percent of the items sent in are used throughout the store, because they do not have room.

The unused items are sent to places like Haiti and Kenya.

Maria Gaffney volunteers at Trinkets and Togs for an IS 201 class. She was one of the models for the show and thought it was a good experience.

"It was fun and different. I had never done it [modeled] before. It was cool," Gaffney said.

Contact Hannah Cox at Hannah.Cox@wartburg.edu



Amanda Gahler/TRUMPET
Shelby Granath and Maria Gaffney model Trinkets and Togs clothing during their annual fashion show.



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KNIGHTLIFE

Wartburg Bucket List



- 1 Build a fort on the third floor of the library.
- 2 Chase the squirrels on campus.
- 3 Sunbathe in the fountain in a floaty.
- 4 Make it to the roof of Old Main.
- 5 Pet a squirrel on campus.
- 6 Get engaged.
- 7 Go through the car wash at Joe's.
- 8 Have a picnic on top of Cardinal Commons.
- 9 Build sand castles in the sand volleyball courts.
- 10 Build a bridge over the stream behind the Manors.

Submit your Bucket List ideas for next week's issue of the Trumpet online at [The Circuit](#).

Amemiya forced to delay degree in World War II

Ames woman to tell of experiences in Japanese-American internment camp

Amemiya Presentation

November

16

11:30 a.m.

Lyceum

KELLY OWEN STAFF WRITER

Imagine a world without running water, privacy or rights. That was the U.S. in 1942 for many Japanese-Americans.

Grace Amemiya practiced as a Japanese-American nurse during World War II.

Amemiya will be speaking at Wartburg on Nov. 16 in Science

Center 102 at 11:30 a.m. and in the Lyceum at 3:00 p.m.

Now 90 years-old, Amemiya has been travelling the country sharing her memories of the experience.

"The thing that was upsetting was the fact that as Americans, American citizens, the government

denied us our citizenship," said Amemiya.



Grace Amemiya

Losing their citizenship was just one of the problems Japanese-Americans faced.

They were forced to abandon their homes, move into internment camps and bring only what they could carry.

"We lived a very simple life," Amemiya said.

Amemiya had to quit school at the University of California, Berkeley, when the executive order was passed requiring her to move to the internment camp.

At the internment camp, the Gila River Relocation Center, located near Phoenix, Ariz., Japanese-Americans had to provide for themselves.

"I was there for a year and I worked as a nurse in the hospital, because when you get a community of almost 10,000

"Mrs. Amemiya's story is an incredible story of perseverance and the ability to maintain a positive attitude despite adversity."

-Kathy Book

and lawyers made \$18 a month.

The barracks in the internment camps only had the basics, such as showers without curtains, and the lack of privacy affected everyone in the camp, Amemiya said.

Kathy Book, associate professor of education at Wartburg, arranged Amemiya's upcoming visit to Wartburg after reading her story in

"Nisei Cadet Nurse of World War II: Patriotism in Spite of Prejudice."

"Mrs. Amemiya's story is an incredible story of perseverance and the ability to maintain a positive attitude despite adversity," Book said.

"What has impressed me most about Grace Amemiya is her gentle spirit and the realization that she harbors no bitterness against the United States for the injustices that were imposed upon Japanese Americans during the war."

Amemiya said she and her husband started giving informational programs to schools and any group that would ask them to talk so they could educate others about their experiences.

"We spoke of the internment camps and our personal experiences," Amemiya said, "with the main purpose being that we hope that it will never ever happen again to any group of American citizens."

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SPORTS

Pre-season knee injuries hurt Knights basketball programs

JUSTIN CONNER STAFF WRITER

The Wartburg basketball teams each lost important members due to injuries, Bob Amsberry, women's basketball head coach, said.

The women's team lost senior guard Abbey Hempen and the men's team lost sophomore point guard Mitchell Murphy, both to torn anterior cruciate ligaments (ACL), a tendon on the outside of the knee.

"A torn ACL typically takes anywhere from six to twelve months to heal," said Amsberry, "Abbey is hoping to make a five month recovery so she can start back up at mid season."

Hempen said she was hurt during the first week of July at the first team camp, after she felt a pop in her knee. She didn't think much of it until it swelled during the next practice.

"After that we went to the doctor, got an MRI scan, and the doctor told me the bad news," Hempen said.

She has been seeing the trainer five to six times a week to work the appropriate exercises to regain full strength.

This is Hempen's senior year and she said nothing is going

to hold her back.

"I feel like I don't have time to be nervous," Hempen said. "Coach has been helping me through the ordeal so it doesn't seem too bad."

Even with all of the stretching and warm ups, Amsberry said there really is no way around injuries; they happen and the athlete has to have a positive attitude and get better, he said.

"Abbey has always been an optimist," Amsberry said. "I really think that anytime she puts her mind to something, she doesn't stop until its done."

Last season Hempen started 23 of 26 games for the Knights and shot .347 from three-point range, totaling 289 points on the year.

Statistically, Hempen was the third-best offensive player for the Knights and was second on the team for average minutes played per game with 24.

Three months later, the same injury struck the men's team as Mitchell Murphy headed to the MRI machine.

"It happened during the very first open gym of the season after I went up for a lay-up," Murphy said. "I've landed more awkwardly than I did before and nothing happened."

Murphy said he decided to

take this season off, and not run the risk of a re-injury.

"Seeing her [Abbey] rehabbing with the trainers helps me with the confidence to work hard and get back at it as soon as possible," Murphy said.

Even with the injury, Murphy said he has been working with the freshmen players to help them adjust to college level basketball.

Head men's basketball coach Dick Peth said with Murphy on the bench, a few new faces might see some playing time.

Last season Murphy started all 27 games at point guard for the Knights, setting the single season record for assists with 147.

Murphy also was third on the team for time playing averaging 27.5 min. per game and second on the team in steals with 32 on the year.

Number two on the depth chart is Kirk Sidey, who received little playing time during the 2009 season, according to Go-Knights.net.

Both teams will start their regular season this week with the women playing Nov. 15 and the men Nov. 16 at home.

Contact Justin Conner at Justin.Conner@wartburg.edu



Amanda Gahler/TRUMPET

Mitchell Murphy and Abbey Hempen continue to rehab their injuries. Hempen is planning on returning this season, while Murphy is not.

Soccer wins first round, falls in second

AL STRAIN SPORTS EDITOR

The women's soccer season ended Saturday when they lost to Loras College in the second round of the NCAA Tournament.

Wartburg lost by a final score of 2-0 and ended their season with a 14-6-2 record. Wartburg received an at-large bid to the tournament after losing the game for the automatic qualifier to Loras last week.

Head coach Sara Johnson said that the balance of Loras made them difficult to beat.

"They're a good team. They capitalize on opportunities, and whenever you can do that, it makes an impact," Johnson said.

Loras scored first when keeper Katie Chambers came up from her own goal and scored on a header courtesy of a corner kick from teammate Jessica Kern.

Loras added another goal in the second half when Kate Young beat Wartburg keeper Monica Noti to make the score 2-0.

The Knights managed just one shot on goal and were outshot 9-4 for the game.

Wartburg reached the

second round after defeating the University of Chicago in their first round game on Friday.

Noti made saves all over the field for the Knights against the Maroons. She had eight saves in the game and withstood constant pressure from Chicago's offense.

The game was scoreless after regulation and remained scoreless after two overtime periods, setting up a shootout to determine the winner.

Noti made two saves at the beginning of the shootout and the Knights scored on their first two opportunities thanks to goals by

Kaylee Benning and Katy Wendt.

Chicago keeper Emma Gormley saved the third penalty kick by Anna Aquino, but Carly Russell and Kelli Anderson scored on the Knights next two attempts to give the team the win.

Noti's eight saves were a season high.

Johnson said she was proud of the statement her team made by beating a team like the University of Chicago as the final win of the season.

Contact Al Strain at Alexander.Strain@wartburg.edu

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Volleyball defeats No. 16 to advance

FROM PAGE 8

In the match against Washington, the Knights led in the first set 20-16, but fell 25-23. The Knights won their only set of the match in set two, 25-22. The Knights then dropped the last two sets 25-19, 25-14.

"It was a heartbreaker because we were ahead, but it was a great opportunity for the program to play Washington," Walker said.

The Knights first had to play No. 16 UW-Whitewater to get to Washington. Wartburg beat Whitewater 3-0, 25-17, 25-13, 15-17.

Wartburg had four solo blocks in the match to coincide with their

offensive play.

"The defense complimented the offense with great play," Walker said. "The middles did a beautiful job this weekend, and they were just getting more comfortable all season."

Kamille Van Natta led the Knights with 24 kills and two solo blocks on the weekend. Britlyn Sieck had 17 kills and Kelly Niemann had 4.5 blocks.

Another notable Knight was Ramey Sieck with 37 assists and 13 kills.

The Knights ended the with a season 24-16 record overall.

Contact Drew Shradel at Drew.Shradel@wartburg.edu





Womens soccer gets win
Wartburg battled the University of Chicago in the NCAA Tournament

7

GO TO WWW.GO-KNIGHTS.NET FOR SCORE UPDATES**UPCOMING SCHEDULE**

Monday	Women's Basketball vs. Gustavus
Tuesday	Men's Basketball vs. Carleton
Saturday	Football vs. Bethel College
	Wrestling @ Augsburg Open

Knights still unbeaten after tenth win

AL STRAIN SPORTS EDITOR

The Wartburg football team finished their first undefeated regular season since 2003 with a win over Simpson at Indianola on Saturday by a score of 27-14.

Head coach Rick Willis said his team had to overcome some obstacles at the beginning of the game.

"We didn't get off to a great start but we had it in control going into halftime," Willis said.

The Knights scored on offense and defense to get the win over the Storm. Matt Gustafson caught a touchdown pass from Dan Stiefel while Connor Dahlstrom and Levi Helbling each had touchdown runs for the ground game.

Blake Suckow added to the scoring total when he returned an interception 46 yards for a touchdown in the third quarter to give the Knights a 27-0 lead going into the fourth quarter.

Taylor Nelson threw two touchdowns in the final five minutes for Simpson to cut the lead to 13 but Wartburg closed out the game after a failed onside kick.

Dahlstrom led the Knights with 73 yards rushing and a touchdown. Stiefel was 9-18 for 147 yards and a touchdown, his eleventh of the year for the offense.

The win clinched sole possession of the IIAC championship for the Knights,

their second title in three seasons.

"It's pretty impressive. The team should be proud," Willis said. "We went on the road and beat three top-20 teams and that speaks volumes."

Wartburg's regular season rewarded them with the third seed and a home playoff game against No. 16 Bethel College.

Bethel has a 9-1 record with the lone loss coming at the hands of No. 4 University of St. Thomas.

"It's the first time we've hosted a playoff game since 2003," Willis said. "It's nice to be the host."

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Amanda Gahler/TRUMPET

Left: Connor Dahlstrom makes his way through a hole for the Knights against Simpson. Right: Levi Helbling dives into the endzone in the second quarter of Wartburg's 27-13 win in Indianola on Saturday. The win gave the Knights sole possession of the IIAC title and they will host Bethel College in their playoff game.

Volleyball season over after loss

DREW SHRADEL
ASSISTANT SPORTS EDITOR

The Wartburg volleyball team's season came to an end Saturday as the Knights fell in the second round to defending National Champion Washington (Mo.) 3-1.

The Knights upset No. 16 University of Wisconsin Whitewater along the way in the first round 3-0.

"Words cannot express how proud I am of the team," head coach Jennifer Walker said. "The great thing about it was they weren't satisfied, and they are already hungry for next year."

The Knights will return every member of their team, as the Knights had no seniors on the team.

See VOLLEYBALL DEFEATS page 7

Tlach helps women advance to NCAA

DREW SHRADEL
ASSISTANT SPORTS EDITOR

The women's cross country team qualified for the National meet this weekend finishing second at the Midwest Regional meet. The men finished tenth in the meet.

Lori Tlach won the meet as an individual with the women's team coming in second at the Wartburg Max Championship Cross Country Course.

"The women had a great year," head coach Steve Johnson said. "When you look at what we overcame, graduating eight seniors, it is just awesome."

Tlach is only the third female Knight to win the regional cross country. Robyn Olson and Missy Buttry were the two previous runners to win.

Tlach was the front runner of the entire field and the Knights with a time of 22:05 setting a collegiate course record.

"Lori has had a great season and was the most focused I had seen her in this race," Johnson said.

The rest of the Knights field was filled with Anna Keith finishing 15th with a time of 22:30, Emily Eimers finishing 18th with a time of 22:50, Sammi Bruett with a time of 23:14 and closing out the top five for the Knights was Laura Sigmund with a time of 23:29.

Tlach, Keith, Eimers and Bruett all received All-Region honors.

Wartburg finished with 111 points, Luther College won the meet as a team with 68 points.

The men finished tenth with 288 points Grant Moser was the top runner finishing 25th with a time of 26:12.

"Grant just ran great, I'm very proud of his efforts this year and the leadership he showed through the season," Johnson said. "The team did a much better job this

week and we feel that we have a great team for next year."

The women will finish out their season Saturday at home as Wartburg hosts the 2010 NCAA Div. III Cross Country Championships.

Contact Drew Shadel at Drew.Shadel@wartburg.edu



Photo courtesy of Sports Information
Lori Tlach crosses the finish line in first place with a time of 22:05 on Saturday to help the women's team qualify for the National Championship this weekend.